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Reserve

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CONSUMER TIPS

Point Buying No. 3. Point Budget Plan.

(Information from Office of Price Administration)

1. Stay inside week's point allowance for family (12 pts. per person, 48 for family of four: See table on back).
2. Shop around stores for stock on hand and price bargains.
3. List all family food items for week's shopping needs.
4. Cross out all non-rationed fresh foods sold in stores.
5. Cross out canned goods not absolutely needed for week.
6. Make a new ration list of rationed foods not crossed out.
7. Check whether low point foods on list are low in price.
8. Make a second ration list of second and third choices.
9. Besides each item put no. of cups and servings needed.
10. Estimate can size needed for each food item by KITCHEN CUP MEASURING TABLE, Point Buying Tips Card, No. 2.
11. If points add up more than family allowance(48), change to low point foods or substitute non-rationed foods.

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12. Table of total points to spend and keep for each week.

No. in Family	Mar. 1-8	Mar. 9-16	Mar. 17-23	Mar. 24-31
	1st Period	2nd Period	3rd Period	4th Period
	(8-days)	(8-days)	(7-days)	(8-days)
	<u>Have-Spend</u>	<u>Have-Spend</u>	<u>Have-Spend</u>	<u>Spend</u>
Two.....	96 - 24	72 - 24	48 - 24	24
Three.....	144 - 36	108 - 36	72 - 36	36
Four.....	192 - 48	144 - 48	96 - 48	48
Five.....	240 - 60	180 - 60	120 - 60	60
Six.....	288 - 72	216 - 72	144 - 72	72
Seven....	336 - 84	252 - 84	168 - 84	84
Eight....	384 - 96	288 - 96	192 - 96	96

NOTE: Spend less than quota in 1st and 2nd period; save
for 3rd and 4th.

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Consumers' Counsel Division, Food Distribution Admin-
istration, U. S. Dept. of Agriculture, Washington, D. C.